



Kaitri's Catering BHPS School lunches Every Wednesday

Bianca Hall 0419 841 055, Jeff Hall 0409723184

kaitrusCatering@optusnet.com.au

www.kaitrisCatering.com.au or www.facebook.com/kaitrisCatering

OUR SUMMER MENU

SNACKS 11AM Cash sales & lunch order **LUNCHES** 12.45pm lunch order

Assorted vegetable cups #V*	.50
w french onion or bacon spinach dip	\$1.00
Individual fruit cups #V*	.50
Fruit salad with yoghurt	\$2.00
Whole Fruit #V*	.50
Slinky apple	\$1.00
Watermelon, strawberry skewer	\$1.00
Pancake muffin -choc chip	1.00
-apple	\$1.00
Mini muffins - chocolate #opt	\$2.00
- Banana	
Custard with apple #V	\$2.00
Yoghurt with mixed berries#V	\$2.00
Sushi-chicken or carrot & cucumber	\$2.50
Steamed Dim Sims	\$1.00
Spring rolls -chicken or vegetable	\$3.00
BBQ meatballs 3 for	\$2.00

Sauces .30 each

bbq, soy, sweet chilli & mayo tomato,

DRINKS

Juice	\$1.50
Tropical or apple and raspberry	
Flavoured milk	\$1.50
Chocolate or strawberry	
Slushie	\$2.00

Hot dog	\$4.00
Dim Sims	\$1.00
Cocktail Franks # 3 for	\$3.00
or 6 for	\$5.00
Hot chicken roll	\$4.00
Home made chicken schnitzel roll	\$5.00
with cheese, lettuce and mayo	
Nachos #V	\$3.50
with salsa, avocado &/or s/Cream	\$4.00
Homemade pork sausage rolls	\$2.50
Tuna mornay and steamed rice	\$4.00
Homemade Beef Lasagne	\$5.00
Homemade Mac N Cheese	\$4.00
Salad -Caesar bowls \$4.50 wraps \$4.00	
bacon, parmesan, egg & chicken (opt)	
- Asian vegetable & noodle (chick opt)	
-seasonal veg and quinoa	

Sandwiches

1 x filling	\$2.50
Cheese, Tomato, Vegemite, Honey Jam	
1x filling + 1 extra	\$3.50
• Ham, chicken fillet, chicken	
mix (sour cream, chives and mayo), tuna mix	
mayo & chives), avocado, egg mix(mayo & Chives)	

Toasted	add .50 c
add extra filling Cheese	.50each
Lettuce, pineapple, carrot, beetroot.	
Tomato, cucumber	
Salad Sandwich	\$3.00
add meat filling	\$1.50
Wrap or salad bowl add #optV*	\$1.50

Colour codes

GREEN- very healthy eat Everyday foods. Eats as much and as often as you like # Gluten Free V vegetarian * Vegan

AMBER- moderately healthy now and then foods. Don't eat too much #opt Please ask for Gluten Free

RED- not healthy. Eat limited foods. Special days

PLEASE CALL BIANCA FOR DIETARY REQUIREMENTS. WE CATER FOR THEM ALL BUT THEY MUST BE PRE ORDERED.



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Kaitri's Catering BHPŠ School Lunches Every Wednesday

- We will be set up with a limited menu for snacks and lunch orders every Wednesday down outside the gym.
- Recess time children will be able to purchase a range of healthy snacks (cash sales only).
- All lunches must be done by lunch order through the classroom or through the flexi school online ordering system.
- We will attempt to cater for all dietary requirements. Please call Bianca on 0419841055 for more information and menu.
- We will have a separate line for the founders and grade 1 children. If they are unsure of ordering snacks please write on an envelope with the money in it and we will help them with this process.
- We will also have specials throughout the year, so keep an eye on our Facebook page as well as the school canteens.
- We will use the traffic light system so the children can understand and choose the healthy options. All the food on our menu has been underlined in colour so they can put them into their categories.



We shall first show you which foods fit into which category. We have listed common foods and drinks in each colour category.